

IN REMEMBRANCE: GREG SOUSA

As many of you may have heard, our friend and fellow Carolina Godiva Track Club member Greg Sousa passed away on July 14th at the age of 47, four years after his diagnosis with brain cancer. Greg and his family have been members of Carolina Godiva for about 10 years, and Greg was honored as Runner of the Year in 2014. He and his family—wife Sara, and children Belle and Abe—have been regular participants at various Godiva races, particularly the Winter Series events.

Greg was a runner, triathlete, husband, father, and BMX rider. He was also an optimistic, generous, and kind person. The challenge of his illness only served to burnish the best qualities of his remarkable character.

Carolina Godiva Track Club made a donation to the [Sousa family Gofundme page](#) in the amount of \$500 to help support the family in paying for medical expenses and in anything else they need. Anyone who would like to donate is welcome to do so; just follow the link above.

Greg Sousa, your positive outlook on life touched all of those around you and made the world a better place. We were so blessed to have you as a part of our community.

—Carolina Godiva Track Club Board



Greg running as part of the CGTC Men's Team in the 2010 Continental Divide Trail 10k race

(Photo courtesy of Anthony Corriveau)

Links about Greg Sousa

- ◆ [Raleigh News and Observer Obituary](#)
- ◆ [“Remembering Greg Sousa.” Ironman.com, July 2016](#)
- ◆ [Endurance Magazine article from June 2014](#)
- ◆ [“Heroic return: Greg Sousa completes first Ridge Run after brain cancer surgery.” Bozeman Daily Chronicle, August 2013](#)
- ◆ [“Bicyclist with brain tumor hopes 900-mile ride will inspire.” WRAL.com, September 2013](#)
- ◆ [Greg’s own website, badousabrain.com](#)