

RUN FOR THE DONUTS 2015

OCTOBER 11TH - DURHAM ACADEMY UPPER SCHOOL

TEAM	AGE	LAP #1	LAP #2	LAP #2 SPLIT	LAP #3	LAP #3 SPLIT	LAP #4	LAP #4 SPLIT	LAP #5	LAP #5 SPLIT	TOTAL TIME	DONUT INDEX	OVERALL PLACE
#1													
Megan Sullivan	39	7:04	16:52	9:48	25:22	8:30					41:40	17.61	5th
Tina Clossick	44	7:04	16:52	9:48					41:40	8:21			
Owen Astrachan	59	7:04	16:52	9:48	25:22	8:30	33:19	7:57					
#2													
Martin Warters	36	8:17	18:32	10:15	28:26	9:54	36:03	7:37			45:10	19.50	9th
Tony Landauer	52	8:17	18:32	10:15	28:26	9:54							
Carolyn Huettel	51	8:17	18:32	10:15					45:10	9:07			
#3													
Ethan Caldwell	41	7:37	16:29	8:52	23:44	7:15					39:24	14.96	1st
Mike Kelley	55	7:37	16:29	8:52	23:44	7:15	30:49	7:05					
Tom Kirby	62	7:37	16:29	8:52					39:24	8:35			
#4													
Alison Gracey	53	8:02	16:52	8:50	25:20	8:28					41:20	15.60	2nd
Craig Gilbert	56	8:02	16:52	8:50					41:20	8:36			
Jeff Hall	50	8:02	16:52	8:50	25:20	8:28	32:44	7:24					
#5													
William Harris	39	8:13	18:47	10:34	29:15	10:28					43:39	17.46	4th
Kevin Nickodem	59	8:13	18:47	10:34					43:39	7:08			
Dave Renko	52	8:13	18:47	10:34	29:15	10:28	36:31	7:16					
#6													
Jenny Boyce	42	9:21	20:31	11:10	32:17	11:46	41:56	9:39			51:33	23.43	12th
Denise Larson	55	9:21	20:31	11:10					51:33	9:37			
Erin Hensel	35	9:21	20:31	11:10	32:17	11:46							
#7													
Ray Dooley	62	10:39	23:27	12:48	33:05	9:38					54:01	24.19	13th
Avery Cheves	26	10:39	23:27	12:48	33:05	9:38	43:01	9:26					
Christine Stachowicz	46	10:39	23:27	12:48					54:01	11:30			
#8													
David Cromer	68	9:02	20:25	11:23					48:57	8:32	48:57	20.83	11th
Aimee Bazin	32	9:02	20:25	11:23	31:50	11:25							
Kevin Gauger	41	9:02	20:25	11:23	31:50	11:25	40:25	8:35					
#9													
Ed Davis	71	9:04	19:09	10:05					45:24	9:46	45:24	19.05	8th
Belle Sousa/Karen Murphy	36	9:04	19:09	10:05	28:00	8:51							
Bryan Hassin	36	9:04	19:09	10:05	28:00	8:51	35:38	7:38					
#10													
John Haws	46	8:44	18:21	9:37	27:10	8:49	35:27	8:17			43:19	18.17	6th
Tom Hoerger	56	8:44	18:21	9:37					43:19	7:52			
Christopher Boyce	41	8:44	18:21	9:37	27:10	8:49							
#11													
Tom Griffin	70	8:49	19:18	10:29	28:58	9:40					47:34	18.65	7th
Brandy Burns	40	8:49	19:18	10:29					47:34	9:35			
William Schmitz	43	8:49	19:18	10:29	28:58	9:40	37:59	9:01					
#12													
Heiko Rath	46	8:03	17:31	9:28	26:55	9:24					44:28	20.68	10th
Jen Howard	41	8:03	17:31	9:28	26:55	9:24	35:44	8:49					
Deb Springer	42	8:03	17:31	9:28					44:28	8:44			
#13													
Louise Guardino	74	9:24	20:46	11:22	32:20	11:34					46:36	16.54	3rd
Kevin Rumsey	53	9:24	20:46	11:22	32:20	11:34	39:13	6:53					
Doug Hensel	42	9:24	20:46	11:22					46:36	7:23			



It was a beautiful sunny day for this year's Run for the Donuts Winter Series event. Thirteen teams competed for the elusive Donut Crown. (A RftD crown for next year's winning team.....maybe?).

Before the start, Team #6 (Jenny Boyce, Denise Larson and Erin Hensel) stepped forward, (or did everyone else step back?) and helped with describing the Run for the Donuts running order using an inflatable donut. After that, Richard Wolf, with some assistance from Ray Dooley regaled the runners with a series of Winter Series Poems and light stretching.

The runners were off, first in teams of three, then in teams of two and finally whittling down to a single runner. In the end, Team #3 (Ethan Caldwell, Mike Kelley and Tom Kirby) had the right mix of speed and age to bring home the win with a Donut Index of 14.96. Although there was an inquiry about who the youngest team was, after a re-count, it was verified that Team #12 (Heiko Rath, Jen Howard and Deb Springer) was indeed the team with the lowest cumulative age at 129 years. Special thanks go out to volunteers Louise Guardino and Christine Stachowicz. These women graciously offered to run so we would have 13 complete teams, thanks again, I owe you both.

Many thanks Durham Academy and everyone who offered to volunteer at this year's race. Thanks to the following volunteers (If I forgot anyone, I apologize, please let me know): Susan Hoerger, Kevin McCabe, Barbara Hindenach, Christine Stachowicz, Larry Rothman, John Jewell, Louise Guardino, Joao Correia, The Sousa Family (Greg, Sara and Belle), Richard Wolf, Judy Cromer, Randy Kauftheil, Walter Fowler and Jim Worrell. Without the volunteers, this race couldn't happen.

It's becoming more and more difficult to come up with creative ways to describe the race. I'm currently taking suggestions for next year's Run for the Donuts. Mark your calendars now for next year's event, Sunday, October 9th 2016. See you next year!

Ronnie Weed